



#### **SKOOKUMEE:**

It's that beach and outpost across the lake that Kawanheeans paddle to for lodge overnights. It's camp property, but you don't quite feel like you're "in" camp. Once the night comes and the fire starts, it becomes the perfect place to share... share scary stories, funny stories, ideas, fears, laughs, recommendations, appreciation, goals, and just whatever's on your mind. Since we can't be together in person every moon of every year, we wanted to create a space online for campers, staff and alumni to come together and keep sharing those wonderful ideas and memories.

Wherever you are reading this right now -- big city, small town, east coast, west coast, Columbus, España, Puerto Rico, Greater Manchester, and beyond -- Come join us around the fire.

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#### **Less Than One Moon!**

MARK & LIZ STANDEN

**Executive Directors** 



Summer is getting closer and of course that means we are full of anticipation about the upcoming season. Aside from the usual preparations, with Wallis' help we are cleaning up, getting all the buildings ready, building and installing two new fishing docks, creating a kiosk in the middle of camp so that campers and staff can know of upcoming trips, the schedules of athletic games and special events, and readying the Katahdin pavilion for the addition of all camp movies on the BIG new SCREEN.

In addition to all of these activities and more importantly, we have been thinking about what our campers' hopes and dreams may be for their summer at Kawanhee and how we as camp leaders can support our campers and help to make sure these are realized as best as possible.

Here are some of our thoughts.

- 1. We want Kawanhee to be a place where campers and staff feel safe. When we talk about feeling safe, we don't just mean physical safety, we also mean emotional safety. To us, this means that we support everyone to be who they are and are meant to be and comfortable taking the risk and opportunity to try on roles never tried before...
- 2. We want Kawanhee campers to experience Kawanhee as a place where we strive to treat each other with love and respect, where doing for others is a priority and comes with inherent rewards.
- 3. We want our campers to be comfortable living in harmony with nature and recognize the importance of taking care of it.
- 4. We want Kawanhee campers to think expansively about possibilities for themselves while developing an "anything is possible" view of their futures.

We are so looking forward to welcoming back campers who have been with us before and are equally as excited about meeting new boys and watching new friendships develop.

Mark and Liz



### Rohan and Robby's CK Countdown: \*Top 23 Things We Can't Wait for in CK 2023!\* ROHAN DOHERTY AND ROBBY RAY CK 2023 Leadership Team





- **Loon calls:** Listening to the sound of a loon's call whilst looking out on the dark, still water of Lake Webb at night is one of the most comforting memories I have of Kawanhee. That sound will always make me excited for camp! / ROHAN
- Skiing with Ferd: There is no better way to start your day than by jumping in the lake when it is still cold and glassy...Yelling "hit it" to Ferd III and getting an exhilarating tour of the east end of a chilly, glassy Webb Lake. / ROBBY
- **Roaring Campfires:** Spiritual and spectacular! I have never been able to replicate the magic that I feel in the presence of the camp community while watching the flames and embers race towards the top of the pines at Council Point. / ROHAN
- **Dining Hall Chants:** This may be controversial but I Love Chants! If it is the end of 20 the day and my energy is a low, a chant in the dining hall at dinner time may be just the thing I need to hype me back up and keep me going until Taps. / ROBBY
- Music: Whether it is listening to music during inspection, listening to a camper show off their skills at an Open Mic Night or listening to large sections of the camp community singing Taylor Swift's "Love Story" at the top of their lungs, music will forever remind me of why Camp Kawanhee is such a special place! / ROHAN
- Doing the Giant Swing at the Ropes Course: Talk about a thrill! This is one of those activities I usually only get to do once a season but it is always a highlight. When Jared makes the announcement that it's happening you better be there! / ROBBY
- Dinner in the Dining Hall: Something that always brightens my day is thinking of the laughter, conversations and connection that occur between campers and counselors alike at their respective lodge tables, and without any devices! / ROHAN
- Pottery with Kai: Art is where I go to find my Zen. Whenever I'm able to get 16 away for a bit, you will probably find me making a bowl or cup. / ROBBY
- Challenging Yourself: Whether it's water skiing, hitting a bullseye at range or participating in a basketball game, Kawanhee is a safe place to try new things and challenge yourself! Everyone is welcomed and included. / ROHAN
- Papa Nature's Tea: Devon Varela makes wintergreen tea that is a delight! He 14 takes campers into the woods and collects needles and then brews the tea in the nature building. Be sure to take him up on a cup if he offers! / ROBBY
- Polar Bear: The ice on the lakes where I live is starting to melt away revealing the chilling water beneath it. Always reminds me of 1 thing: Polar Bear! / ROHAN

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- Archery with Devin: Archery is something that I learned from my grandfather as a child. It will always hold a special place in my heart because of that. It's a joy to take the line and practice my skills with archery master Devin Galves. / ROBBY
- Lodge Hikes: The opportunity to bond with lodgemates and counselors paired with the feeling of accomplishment you feel after reaching the summit on a sunny day is truly sublime. To top it off, I have never had a better deli sandwich than the ones I have had sitting on top of Tumbledown. / ROHAN
- New Flips & Tricks off the Diving Tower: I have a few tricks I'd like to work out this season: Back 1 and a half on the low board, back double on the high board, plus a front 1 and a half and the "New Mexico" off the 5 meter Tower. / ROBBY
- **9** Fireworks on the 4th of July: A fun evening of challenges and friendly lodge competition before watching fireworks sparkle and dazzle in front of Tumbledown Mountain is a magical sight to behold. I always look forward to it. / ROHAN
- **Canoeing to Bass Rock:** My go-to day off activity: Paddle to bass rock, jump (or flip) off and then bake in the sun until I can't stand it anymore. / ROBBY
- Lodge Overnights: From burning marshmallows (whoops!) to sleeping under the vast starry sky, overnights embody the experience of camp and allow us to connect with the beauty of the natural habitat of which we are so lucky to be a part. / ROHAN
- **6** Hanging out in a Hammock: If you can find any of my 2018 or 2019 eagle lodgers, ask them about hammock levels. I love "hanging out" in the rafters. / ROBBY
- Free Swims!: Nothing is more exciting than an unexpected free swim on a hot summer day in Weld, Maine. The opportunity to jump in the lake, cool off and show off skills on the diving board is a classic memory. / ROHAN
- 4 Swim trips: Coos Canyon and Smalls Falls are my favorite day trips. They are great places to test your courage. Jumping off the 15 ft tower into Webb lake is nothing in comparison to jumping off one of the 40 ft cliffs at either location. / ROBBY
- Seeing Old Friends: As much as I miss the beauty of Kawanhee, Webb Lake and a Maine summertime, the thing that amps me up for a camp season more than anything is the chance to see old friends. Kawanhee is such a special place where I have made friendships that I know will last a lifetime. / ROHAN
- **Bailey's Cooking!:** As much as I will miss having Sean in the kitchen, I am extremely excited to have Bailey take over as head chef this year. Her food is always bombastic, fantastic, and is sure to get a chant going. "WE WANT THE COOK!!!" / ROBBY
- To see all of you on opening day! We can't wait to make incredible memories this summer and we can't wait to see you all soon! / ROBBY & ROHAN



### Meet the Staff!

The Skookumee editors devised a series of prompts and invited this summer's staff to respond to them. Below check out who we heard from, what they've been up to this off-season and what they're looking forward to this summer!





#### RYAN BALDWIN

#### Crownsville, MD

- What I've been up to this off season:
   Shenanigans
- One humble brag about me this off season: I thru-hiked the Appalachian Trail
- How I'm planning to spend a lot of time: I
  plan to spend the majority of my time
  learning what I can with the rest of you. So
  much to do and plenty of time to do it.
- The single thing I'm MOST excited about for the 2023 camp season: Plunging in Webb Lake. Every. Single. Day.
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: Opportunity
- My Message to the entire camp community:
  - "The mystery of life is not a problem to be solved, but a reality to be experienced." ~
     Alan Watts
  - "Curiosity is more important than knowledge."~ Albert Einstein
  - "Don't settle, and don't struggle. Life is what flows in between." ~ Naval

## JED MORGAN Providence, RI

- One of my favorite memories of the 2022 camp season was staying after the closing ceremony and hanging out with my friends.
- What I've been up to this off season: I started college and have been enjoying myself.
- My current role for the summer and how I'm planning to spend a lot of my time: I'm going to be working in campcraft this summer and helping Grant out with JMG as well
- The single thing I'm MOST excited about for the 2023 Camp Season: Seeing everyone again after the long off season
- 1 great thing -- big or small -- about
   Kawanhee that often goes unnoticed Rest
   Hour
- My message to the entire camp community:

  Try and see your camp friends in the offseason (if you can)! It's really fun hanging out
  with people outside of camp, and it's just a
  blast. Scheduling can be challenging but if
  you can make it work, definitely do it.





## FERD SCHOEDINGER III Weare, NH

- You may remember me as the staff member who runs water skiing
- One of my favorite memories of the 2022 season was working with Arian in skiing.
- What I've been up to this off season: Skiing, working on boats, and being with family. I actually spent a week snow skiing in Tahoe with old Kawanhee folks.
- The single thing I'm MOST excited about for the 2023 camp season: Just getting back in the boat and taking YOU skiing!
- 1 great thing -- big or small -- about
   Kawanhee that often goes unnoticed: Looking at the lake and the mountains.





#### GRANT MORAVEC Ithaca, NY



- You may remember me as the guy who kept telling you to "HYDRATE OR DIE-DRATE"
- One of my favorite memories of the 2022 camp season was canoeing Umbagog lake with the JMGs
- What I've been up to this off season: During Spring Break, I went down to the Great Smoky Mountains, where I was able to hike a (small) portion of the Appalachian Trail. It was incredibly beautiful (and very smoky).
- One humble brag about me this off season: I was accepted into a predoctoral fellowship at Harvard analyzing the impacts of social inequality in the workplace!
- My current role for the summer and how I'm planning to spend a lot of my time: I will be the Junior Maine Guide Director and Campcraft counselor. So I'm going to be spending a lot of time teaching campers what it means to be a Maine Guide. I will also put an insane amount of hours into building the weekly campfire with Jed and Ethan.
- The single thing I'm MOST excited about for the 2023 camp season: Seeing which camper will build the 2nd largest fire during Campcraft (because we all know Sam Rosberger will make the biggest)
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: When there are distant thunderstorms in the evening. They don't happen often, but whenever they do I can't help but sit on a porch and watch it go by. Some of camp's most peaceful moments
- My message to the entire camp community: Do what you love and do it with people you love.



## BILLY SELLERS Charlottesville, VA

- You may remember me as counselor who enthusiastically announced Grey & Maroon in the dining hall every Saturday.
- One of my favorite memories of the 2022 camp season was Harry Rosberger and Aidan Gaul absolutely dominating the Sing Off for their Captain's Challenge.
- What I've been up to this off season: I have recently graduated from Virginia Tech and I'm pondering what I'll do after this summer.
- One humble brag about me this off season: I am this season's homerun leader in Virginia Tech's intramural slow pitch softball league.
- My current role for the summer and how I'm
  planning to spend a lot of my time: I will be
  running the JC program, so most of my time will
  be dedicated to teaching a solid group of sixteen
  and seventeen-year-olds how to be counselors.
- The single thing I'm MOST excited about for the 2023 camp season: JC-SC softball - aka the greatest show on dirt.
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: The mountains in the background. Don't know if anyone else has noticed those before.





## Albuquerque, NM

- One of my favorite memories of the 2022
   camp season was seeing everyone go wild at
   Open Mic Night when a camper sang "Never
   Gonna Give You Up" by Rick Astley.
- What I've been up to this off season: I was working at Ski Santa Fe as a snowboard instructor. A few other Kawanheeans worked there this season too, including Max Balmaceda, Hector Quinones Mendez, and Ruby Packer.
- One humble brag about me this off season: I got in a 100-day season on the mountain, and made major improvements to my snowboarding.
- My current role for the summer and how I'm
   planning to spend a lot of my time: This year I
   am on the Leadership team with Mark, Liz,
   Danny Packer, and Rohan. I will be filling the
   role of program director and waterfront
   director. Most of my time will be spent making
   activity schedules but it is a personal goal of
   mine to work in as much fun as possible.
- My message to the entire camp community: I love you all and can't wait to see you soon!





#### **DAN GRAY** Avon Lake, OH





#### DANNY PACKER Albuquerque, NM

- You may remember me as the staff member who may or may not have some sort of ties with the baseball god...jury is still out on that one...
- A highlight of the 2022 camp season was Honestly? Putting in the docks is fun (despite the moaning groaning beforehand). Seeing something that we counselors worked so hard to (literally) put together being used to create countless memories over the course of the summer is my reasoning. The stem of all of those memories is putting those docks in during precamp!
- What I've been up to this off season: Putting my nose to the grindstone at Ohio University, singing with my Acapella group, and driving a TON. I guess I needed to practice for the trip up to Weld.
- One humble brag: I just got elected president of my Acapella group for the next school year!
- Current role for the summer: I will be in charge of baseball as well as creating Camp Kawanhee's social media content!
- The single thing I'm MOST excited about for the **2023 camp season:** To hone my skills on the field and in the editing room-campers aren't the only ones who should get better every day. I'm excited to share in that growth with the kids.
- 1 great thing about Kawanhee that often goes **unnoticed:** The grunt-work. When that gets done together-regardless of age-it fosters friendship, as well as mental and physical strength.
- My message to the entire camp community: Let's all keep growing into ourselves together! Kawanhee is such a beautiful setting for that.:)

- You may remember me as the staff member who wears tie dye
- Favorite memory of the 2022 camp season was leading a canoe trip with Ruby Packer!
- One humble brag about me this off season: I am retiring. This was my last year of teaching!
- My current role for the summer and how I'm planning to spend a lot of my time: Working as part of the leadership team
- The single thing I'm MOST excited about for the 2023 camp season: The Jammbulance
- 1 great thing about Kawanhee that often goes unnoticed: BA's Garden
- My message to the entire camp community: I'm psyched to be coming back!

#### **RUBY PACKER** Albuquerque, NM

- You may remember me as the staff member who is obsessed with her dog.
- Favorite memory of the 2022 camp season was Going on the CIT trip with my dad (Danny!).
- What I've been up to this off season: Working in outdoor education
- My current role for the summer and how I'm planning to spend a lot of my time: Helping out wherever is needed!
- The single thing I'm MOST excited about for the 2023 camp season: All the new trips

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#### DEVON VARELA Albuquerque, NM



- You may remember me as the counselor who plays music almost always.
- One of my favorite memories of the 2022
   camp season was talking with campers on the
   soccer field. Hearing them talk about their
   time at camp and back home was nice because
   I feel that brought us closer.
- What I've been up to this off season: Getting involved with the youth back home, professionally and as a volunteer.
- One humble brag about me from the off season: I snowboarded 3 times for free.
   Shoutout to Hector and Robby!
- My current role for the summer and how I'm planning to spend a lot of my time: Activity Counselor and Director of Master Camper Program. Determined to learn to water ski this year!
- The single thing I'm MOST excited about for the 2023 camp season: Seeing everyone that I've spent the last two summers making memories with.
- 1 great thing -- big or small -- about
   Kawanhee that often goes unnoticed: The
   museum. I love learning about the history and
   seeing the memorabilia! Bring back the
   jackets!!
- My message to the entire camp community:
   I'm beyond excited to return to camp and see everyone. Can't wait to support the campers and counselors.

## KAI ROBLES Fort Collins, CO



- You may remember me as the counselor who is always walking around with paddles
- One of my favorite memories of the 2022 camp season was delivering the Opening Ceremony with Grant and Billy. Also - going to Monhegan with my friends for a day off.
- What I've been up to this off season:
   Graduating college in Colorado! Growing up and figuring out what is next for me as a recent graduate!
- One humble brag about me this off season: I
  was offered a Fellowship position with A
  Thousand Summers for this camp season to aid
  in my professional development and the
  development of younger ATS campers.
- My current role for the summer and how I'm planning to spend a lot of my time: My current role is a continuance of past duties as Lodge Counselor, Co- Art Director, and Paddle Designer! I plan to spend my time making this summer the best yet for the guys in my lodge. In my free time I'm planning to play counselor ball and do some of my own Art.
- The single thing I'm MOST excited about for the 2023 camp season: Seeing how everyone has grown in the past year and reconnecting/strengthening ties with everyone in the community.
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: Doing things with and for others.
- My message to the entire camp community:
  I'm so excited to hear how the time apart has
  treated you, good or bad. The family you have
  at Kawanhee will always be there for you as it
  has been for so many others. Best wishes and, if
  I don't see you later, I'll see you then!







## MELISSA PAWLEY Bedford, NH

- You may remember me as the staff member who had bright blue hair
- One of my favorite memories of the 2022 camp season was Bear Lodge's amazing last (not so) Mr. Clean inspection.
- What I've been up to this off season: Working as a school librarian
- My current role for the summer and how I'm planning to spend a lot of my time: I am working in the office and I am planning to spend a lot of time swimming.
- The single thing I'm MOST excited about for the 2023 camp season: Seeing everybody from last summer and meeting new people.
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: Lunch time -- it's amazing to see campers from multiple cabins sitting together.
- My message to the entire camp community: Can't wait to see everyone!



#### MARY BIRCH Ridge Manor, FL

- You may remember me as the staff member who works with Sandy Winkles in Range.
- One of my favorite memories of the 2022 camp season was seeing Sandy's grandson enjoying his first time at camp!
- What I've been up to this off season: Mostly, I've been playing a lot of golf. I've also been "glamping" with our camping group. I also, went on a Disney cruise. Currently, I'm in Albuquerque, returning from 5 days at Navajo State Park in Colorado. I'll be returning home tomorrow.
- One humble brag about me this off season: I golfed my lowest score two weeks ago!
- Things I'm excited about for the 2023 camp season: (1) Seeing returnees and new young campers experiencing all that camp has to offer. (2) Seeing the beautiful view from the center of camp. (3) Being back at Range and all the instructing and safety reviewing that comes with it!
- 1 great thing -- big or small -- about Kawanhee that often goes unnoticed: How much work that is done behind the scenes.
- My message to the entire camp community: May there always be a Kawanhee! See everyone soon "Home on the Range!"





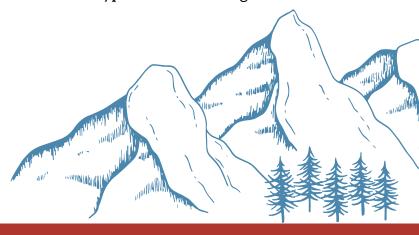


### DYLAN GERMAIN New York, NY

## MAXIMILLION BALMACEDA Syosset, NY

- You may remember me as the counselor/camper who was Tripper of the Year in 2011.
- One of my favorite memories of the 2022 camp season was coming back and working with friends and having my brother come to camp!
- What I've been up to this off season: working as an outdoor Educator in the Southwest USA
- My current role for the summer and how I'm
   planning to spend a lot of my time: Trip
   Director This year we will be focusing on
   working with other programs like canoeing
   and Campcraft to have a stronger base for
   camping and canoeing skills. I'll be spending a
   lot of my time packing for trips, building
   delicious menus, and having as much fun as
   possible with the Kawanhee community.
- The single thing I'm MOST excited about for the 2023 camp season: Exploring Maine's beautiful landscape!
- 1 great thing -- big or small -- about
   Kawanhee that often goes unnoticed: The
   love for exploring new hobbies and learning
   how to be an effective learner.
- My message to the entire camp community:
   Can't wait to see you this summer!

- You may remember me as the camper who was Captain of the Greys!
- One of my favorite memories of the 2022
   camp season was taking the Hobie Cat out on
   one of the windiest days of the year.
- What I've been up to this off season: Finishing senior year of high school.
- One humble brag about me this off-season: I passed my road-test first try.
- My current role for the summer and how I'm planning to spend a lot of my time: Not sure yet! Lodge counselor and an activity. I hope to sail a lot.
- The single thing I'm MOST excited about for the 2023 camp season: The sunsets!
- 1 great thing -- big or small -- about
   Kawanhee that often goes unnoticed: The air is infinitely better than in most other places.
- My message to the entire camp community: Get hyped for an amazing summer!









## JARED STINSON Wilton, ME

- You may remember me as the staff member who worked in ropes.
- What I've been up to this off season: Teaching wilderness medicine and skiing
- 1 humble brag: I obtained my Wilderness Advance Life Support this off-season.
- My current role for the summer and how I'm planning to spend a lot of my time: Ropes! I plan on climbing A LOT.
- The single thing I'm MOST excited for this summer: My 7 year-old son will be attending.
- 1 great thing about Kawanhee that often goes unnoticed: Listening to the peepers + watching the campfire die out.
- My message to the entire camp community: Fail trying something hard.

## DEBI SULLIVAN Rumford, ME

- You may remember me as the staff member who has been the camp mom for 26 years!
- Favorite memory of the 2022 camp season was seeing the youngest campers become independent and loving camp.
- What I've been up to this off season: Teaching kindergarten all year
- One humble brag about me from the off season: I went to Madrid, Spain!
- My current role for the summer: I am the Camp Mom and I am planning to spend my time getting to know all the campers this season and making sure they feel comfortable and happy and supported by me.
- The single thing I'm MOST excited about for this summer: Enjoying the nice weather and watching all the boys getting into activities!

#### ETHAN HALL Ontario, Canada



- You may remember me as the counselor who gave almost impossible hints for CC rock.
- Favorite memory of the 2022 camp season was meeting Carlos's friends from high school (one of the strangest but funniest interactions of my life).
- What I've been up to this off season: Studying, having new experiences
- One humble brag from the off season: I have an (almost) perfect GPA
- My role: Lodge Counselor / CC Staff, building the Council Point fires
- The single thing I'm MOST excited about: Seeing my friends again!
- 1 great thing about Kawanhee that often goes unnoticed: The smell of the pine trees

• My message: Enjoy your time at Kawanhee, it doesn't last forever.

#### DIANA YALE Truckee, CA

 You may remember me as the staff member who taught you poker and Kemps and did birch bark crafts.



- Favorite memory of the 2022 camp season was greeting campers and parents on Opening Day and seeing you all return to the place we love!
- What I've been up to this off season: Skiing, traveling, playing piano and guitar, and prepping for the K Music Program.
- 1 humble brag: Did a Polar Bear Thanksgiving Day in the frigid waters of Donner Lake with my K kids Eli and Olivia Yale.
- Current role for the summer: Music Coordinator working with Ellie to create musical moments to spice up the sound around Camp, create various opportunities to play music, and begin to build a list of special CK songs for posterity.
- 1 great thing about Kawanhee: Counselors quietly lifting campers up with their kind, encouraging words and high fives.
- My message to the entire camp community: Make moments happen, capture them in your heart & brain, and hold onto them like treasures never to be lost or forgotten.

#### ELLIE BARTH Cornwall, NY

 My current role for the summer: I will be teaching art and facilitating music with Diana!



 My message: Hi All! I am a rising senior music education major at the Crane School of Music. I am very excited to work with all of you this summer and bring more music to camp! I have quite a bit of experience facilitating group music-making and we will do that with our voices and instruments this summer. Looking forward to meeting you all!



### Hey Musicians...

You may be thinking to yourself, I'm not a musician. I can't sing or play an instrument and have no talent. Well, quite the contrary. Every one of you has a musician inside of you waiting to be discovered and nurtured. Whether it be guitar, drums, singing, maracas, tambourine, clapping, or finger snapping, you all have musical potential! So, we are ramping up the Kawanhee Music program, and we want you to be a part of it! There will be plenty of opportunities for jamming, playing solo, music nights, singing at Campfire and the Sunday Gathering, and playing and learning during free time. So bring your voices, bring your smaller instruments, bring your ideas! If you have something bigger than a guitar, please email ahead and ask so we can plan for storage. We hope we can find a way for you to express yourself through music at Kawanhee. See you soon! -- Diana & Ellie

### A New Staff Role: Camper Support Counselors

ROHAN DOHERTY AND KAREN MITCHELL Camp Support Counselors Program

Hello and parents! I hope campers everyone is starting to feel excited for the 2023 camp season! With every new day the excitement continues to build and we both cannot wait to see bright and cheery faces on the first day of camp. Camp Kawanhee recognizes that now, more than ever, mental/emotional health is a critical part of both camper and counselor wellbeing and integral to having a great camp experience. Through our commitment to supporting the whole child, Camp Kawanhee is thrilled to introduce a new and innovative role to our Kawanhee family: Camper Support Counselors (CSC). Leading this enriching resource will be Rohan Doherty, LMSW-C and Karen Mitchell, LCSW.

This will be Rohan Doherty's 11th year at Camp Kawanhee. Having Kawanhee for 5 years as a camper, Rohan spent the next 5 years as a counselor up until the summer of 2019. attended Allegheny College graduated with a BA in Psychology before attending and graduating from the University of Pittsburgh with Masters in Social Work. Rohan currently works at the Rangeley Lakes Regional School in Rangeley (just 30 miles up Route 4 from Camp Kawanhee!) as the school-based therapist, working with children from kindergarten to 12th grade. Rohan is thrilled at the privilege and opportunity to come back to Camp Kawanhee and help support campers, counselors and staff alike.

A lifelong camp advocate, Karen Mitchell Camp attended Arcadia for summers as a young girl. During her tenure, Karen completed a Counselor in Training program and became counselor, Junior Maine Guide, canoeing instructor. After camp, Karen graduated from Providence College with a BA in Psychology and, with honors, from Rutgers University with a Master in Social Work (concentration in Adolescents and Families). Karen is now a clinical social worker seeing patients in practice. She is licensed in New Jersey and Maine and is a certified lifeguard. Karen has four sons who all have gone, are going, or are currently working at Kawanhee! She is delighted to be part of this new and innovative Camper Support Counselor program and looks forward to meeting the campers!

As we are seeing in schools throughout the country, children and teens face unprecedented stressors in communities, and the country as a whole. Kawanhee has always been a place to disconnect from school stressors and reconnect with ourselves and each other. In order to best support both campers and staff alike, Rohan and Karen, using Evidence Based Practices and counselor feedback, have developed specific social and emotional programming goals for the summer. These benchmarks thoughtfully provide additional skills and aim to resources to help campers and staff feel supported, safe, and able to work through challenges.

### Camper Support Counselors Cont.

ROHAN DOHERTY AND KAREN MITCHELL Camp Support Counselors Program

Rohan and Karen will begin their work in pre-camp counselor training. Here, developmentally appropriate interventions and situational based training will be taught. Self-care practices such as the benefits of proper nutrition, sleep, and physical health will also be facilitated. These concepts aim at teaching foundational skills that allow access to a fulfilling Kawanhee experience. Additional emotional/mental health support will also be available throughout the summer cultivating an inclusive Kawanhee environment for all. Karen and Rohan, in collaboration with our camp Mom, Debbie, are committed to creating safe spaces and additional support so that all who call Camp Kawanhee home can prosper, grow, and be the best versions of themselves. May there always be a Kawanhee!











### "Gearing Up" for Camp

As the summer approaches, we can't wait to get back to Kawanhee! Please consider helping us purchase the equipment our campers need to make this the best summer ever! Your donations will allow us to do the following:

Keep a camper safe in a helmet while participating **S50** in our new Mountain Biking activity



\$80 Get a new sleeping bag for overnights on

Skookumee Beach or at Katahdin



\$100 Acquire soccer balls for the Senior League and

basketballs for Grey-Maroon

Provide our Kawanhee Little Leaguers with new \$200

bats this season



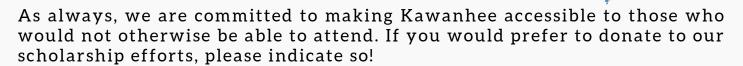
\$500 Outfit the JMG candidates with knives, axes, and

tents for their testing



\$1000 Add a new Old Town Canoe to our supply of boats

Other \$\ \text{Let us know what activity has you excited for Kawanhee 2023!}



Gifts may be made online at:

#### Kawanhee.com/Give

OR on Venmo: @GRFrankFoundation.

If you prefer to make a gift by check, please send your check to: George and Raymond Frank Foundation P.O. Box 789 Yarmouth, ME 04096

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### Kawanhee Philosophy

KAI ROBLES Art Director (2019-Present))

Hi Everyone! Kai Robles, your friendly neighborhood art mentor here, writing to all the amazing people in my community just in time to engage and get everyone excited for the upcoming '23 Kawanhee Season. I'm writing to you from Fort Collins, CO as I finish up another crazy off-season of life and college.

When you see me next, I will be a graduate of Colorado State University, having officially ended my career as a student, for now. These transient moments in life -- or to invoke another fancy buzzword -- the LIMINALITY I am feeling now is pretty surreal and aweinspiring. There's so much to be excited about on the horizon and as always, another season at camp is at the top of my list.

To the people who come back year after year, we often laugh about how difficult it is to put into words and fully encapsulate all of what camp means to us. My whole life, I've often difficulty searching for the right words to connect others to my train of thought, but as I've gotten older I would like to say it has gotten better (with practice). I won't go on for too long with boring things in case the kids want to hear from me, but what follows will be some basic philosophy. Kawanhee Α specific sentence that has been caught in my mind as I think about camp reads, "A set is a many, that allows itself to be thought of as a one."





To anyone reading who has not been a part of the 7-week program and may need a little encouragement; I know that it can be a difficult commitment but I have truly never regretted spending more time having fun with the people who see me at my truest self, 24/7. And yes, willingly traveling to Maine, to live in a backdrop vastly different from what most of our normal day-to-day lives look like, often makes others question our sanity. But a decade of Kawanhee summers has given me the confidence to keep dedicating time to the place and people that I want to see grow.

The campus has an uncanny way of reducing society to a degree that I've grown very fond of. Forging relationships while the living in 'straightforward reality of constantly tempers the connections we make so that eventually, whether we are on the opposite side of camp or the world, we have an understanding of one another that is uncommon elsewhere in our modern society.

Anyone can come to camp cohabitate, make the most of their summer, and walk away having grown more in 7 weeks than others do in their whole lifetimes. I owe much of who I am today to the Kawanheeans and campus that have made a lifelong impression on my soul. Now is my time to give back to the place that has given us so much, and in doing that I will continue being able to see smiles on the faces of the campers and staff who make every summer the best summer ever.

### Kawanhee in the Real World

#### How might Kawanhee impact us as we carry out our adult lives?

What ways might it affect our college, career and personal experiences in the "real world"?

Last fall, 3 passionate Kawanheeans -- Jo Doherty, Graham Marvin, and Will Ryan -- set off on a mission to explore these questions. They reached out to a range of past & present Kawanheeans, each at different stages of their lives. This is PART TWO in an ongoing series featuring the responses they received.

## ROHAN DOHERTY School Therapist 2010-2019, 2023 Rangeley, ME



- Do you believe that your time as a counselor impacted your decision to pursue this career
  - o I'm working as a school- based therapist in Rangeley, ME for the regional K-12 school. I credit Kawanhee as the place that crystalized my love for working with children and youth. I recognized this passion during my years as a Junior Counselor, where I saw the importance that a positive role model can have in terms of alleviating conflict, providing safe spaces for children to grow and working together as a group to accomplish goals and have fun. For me, Kawanhee was the perfect environment to connect, engage and further hone my skills working with children that has now led me to my current job.
  - Thus far in my career, I have worked in an outpatient health clinic, a substance use treatment center, a jail and now a school setting. In all of these environments I have found that I rely on the social and emotional skills that I first learned while spending my summers on the shores of Lake Webb. As a quiet kid growing up, Kawanhee gave me a safe space to fail, learn and grow into myself, without which I believe I would be a remarkably different person.

## SEAN DUNCAN Head of School 1993-2004, 2006-2007 New York, NY



- Do you believe that your time at Kawanhee may have impacted your acceptance into college in any way?
  - Yes. Working as a Junior Counselor in charge of a lodge, and with trainings such as LGT and JMG.
     In turn, that compelled me to pursue other certifications and leadership experiences which were helpful in how I projected as a mature student, citizen, and leader.
- Can you please elaborate on a way your time as a counselor has affected your career?
  - It influenced my leadership development. In counselor meetings, Mark Nelson used to say that no matter how bad our day might be going or when we are preoccupied with something else, when a kid is having a hard time—no matter how big or small—we must put ourselves to the side and be fully present and available for that camper, always. I reflect on that very direction all the time with my own teaching faculty in their work with our students, attributing it to my work with Mark Nelson at Camp.

## JED MORGAN 2013-PRESENT

#### Student Darien, CT



- How has your time as a counselor influence your college life?
  - Working as a counselor at Kawanhee has been really helpful in navigating my school and outside commitments. First, I don't know many jobs for college-age students that are given as much leadership responsibility as a Kawanhee counselor. We are running activities and responsible for the happiness of a bunch of younger boys. And we aren't just doing that for 3-4 hours a day or even 8 hours a day. We have to be "on" 24 hours-a-day over a 7-week period. That experience has really helped my stay engaged in longer term projects in other areas of my life.
  - Kawanhee helps you stay open-minded about people. In a span of three years, you go from being a master camper to a senior counselor. I know that some of the older counselors who have been around for a while may still see me as the "camper" I was a few years ago. I needed to prove myself that I could be their peer. And likewise, now I need to be open-minded about the group that follows me. I know this is valuable in work settings because it reminds me that I need to prove myself as I develop while also staying open minded about my co-workers.

## JAKE ZELLNER 2008-2014

## MBA Student Evanston, IL

- Do you believe that Kawanhee may have impacted your acceptance into graduate school?
  - I wrote one of my MBA applications about Camp! Here's an except from my application:
    - "Forty 10-year-olds watched as we lowered Marvin into the ground on a late-summer night in Maine. Marvin was dead. 'Dead' might be dramatic; it was Marvin the Mango's gradual rotting that led to the funeral at summer camp. Carlos, one of my campers, had found a mango which he named Marvin and carried everywhere. Many exchanged bewildered looks as they observed the human-mango friendship, but I saw opportunity. I pitched an idea to my lodge: casting Marvin as the protagonist of our Skit Night play. Everyone grinned and began brainstorming the winning performance. Although Marvin decayed years ago, their legacy endures: we were voted 'Most Spirited Lodge' and I continue to be guided by the value of community."
- What is one way that Kawanhee has impacted your adult life that may be most unique to you and your story
  - I learned the importance of always being your authentic self. In middle and high school, I certainly felt pressure to conform to what I perceived as the pervasive culture in my schools, one centered around "being cool," superficiality, and materialism. Getting to Camp felt like a detox each summer, where I could be myself without fear of being judged nor any drive to conform. Each camper was celebrated, often the weirder the better (as evidenced by our chants, "let's get weird").
    - This pure celebratory "glass half full" attitude is a big part of this. We would chant in the dining hall
      to celebrate the most basic accomplishments. Treating life in this way is a positive and fun vibe to
      spread, and is one I have incorporated into my teamwork style (when appropriate)."

# Back to the Shores of Lake Webb... as a Father and Nature Counselor!

KEVIN BONASERA Nature Director

OH, KAWANHEE!....OH, KAWANHEE! I hear you. I am coming...



I am coming back. They say you can never go back. Wrong. Sometimes you really can, if you have the good fortune to know a place that hasn't changed in your lifetime. I am lucky to know some beautiful fishing spots like this. Like many of you, I also know a place like this in Maine called Camp Kawanhee. It is crazy to think that in the matter of a couple of moons, I will be returning with my family to work at Camp and stand in the silence of Tumbledown Mountain again.

My wife Therese and I are overjoyed to have the opportunity to work at camp. We are excited for our boys (Magnus - 10, Henrik - 8) to have their first summer there. Speaking for myself, I know a little bit about raising boys and a lot about fishing (or is that the other way around...I am not really sure these days).

I first heard the breezes that whisper through the pines at Camp when I was 14 years spoiled, I mean old. I cannot remember but I think '97 or '98 was my last summer lighting the Central Fire (I will have to check the catalogs, Mike). Like some of you, my life would surely have been different if I did not know Kawanhee! The sunsets beyond the Gap, the quiet places among the pines, the glimpse of a raising trout in the long shade of a cedar, the people that inspired us!

I am so excited to be working in the Nature Department and offering instruction on fishing and fly-casting. Fishing has always been a popular thing to do at camp and I look forward to helping these traditions continue.

I have been a 5th grade teacher for the last decade, but prior to this I worked as a fly-fishing guide, casting instructor, and fishing resort manager (Crested Butte Colorado, Bristol Bay Alaska, Turneffe Atoll in Belize, etc.). Fishing took me to so many amazing locations where I had an intimate connection with the nature. In all of these destinations, fishing was what we did but nature was what we worked to protect, nourish and learn about.

I can already picture eager arms painting the sky with fly-lines in front of vivid sunsets, fields of flowers, and majestic pines. I can smell the pines after a hard rain, hear the silence in the woods between the warblers song, see the surface of the lake change in the breeze and see the smile of a boy who caught his first fish.

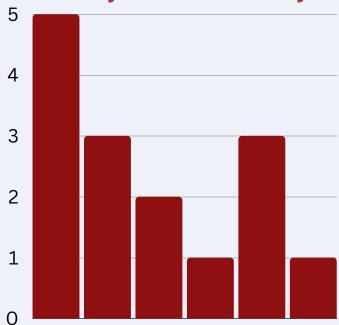
### Kawanhee Shoutouts

- Rees Tulloss because we are on the waterfront and work together fixing boats (Ferd Schoedinger)
- Jake Sterner helped a lot in skiing and is pretty humerous (Ferd Schoedinger)
- Charles has an endless enthusiasm for all thinks Kawanhee! (Diana Yale)
- Olivia Yale was amazing in the infirmary, had the best summer, and we will all miss you (Diana Yale)
- Kai for absolutely demolishing the paddles last summer. They take an insane amount of work and always turn out fantastic. (Grant Moravec)
- All of last summer's JMGs because they were one of the strongest classes Kawanhee has had in a long time. (Grant Moravec)
- Max Balmaceda because he is stepping up as tripping director and I can't wait to see what he brings to the program. (Robby Ray)
- Kevin Mitchell because it has been a joy to watch him grow from an eagle lodger to a kind and caring young man. (Robby Ray)
- Mark and Liz for all their work in the off season! (Mary Birch)
- Danny Packer for the energy he brings (Jared Stinson)
- Chris for helping out so much in ropes. (Jared Stinson)
- Leo Marvin. He showed excellent expedition behavior. (Max Balmaceda)
- **Jake Sterner** for keeping it real (Danny Packer)
- George Hauser for the tunes! (Danny Packer)
- Early Palmer: I want to see how another year has grown his creative talents so I can finally get tattooed for him. (Kai Robles)
- Bailey Scott: I'm so excited for the delicious food this Season. This will certainly be one for the history books!! (Kai Robles)
- Liam- so awesome to see him going from feeling like he didn't make the most of his time in his first year, to becoming a rock star with impeccable stage presence in his second year. (Devon Varela)
- Donnie- I think about Donnie all the time. So thankful for him and all that he's done for me. I try to emulate him in the way that he is selfless, upbeat and positive, and the way he connects with people. (Devon Varela)
- Grant for doing a great job running JMG (Ethan Hall)
- AJ for being the voice of reason in Bear lodge (Ethan Hall)
- court. (Dan Grav)
- trek up there with him again! (Dan Gray)

• Will Tellgheder better be ready to lose BIG-TIME in some horse on the bball • Alex Eaton is making the drive up again after a season's hiatus. I'm excited to PAGE 21 SKOOKUMEE

### **Kawanhee Polls**

#### Favorite Grey/Maroon Activity

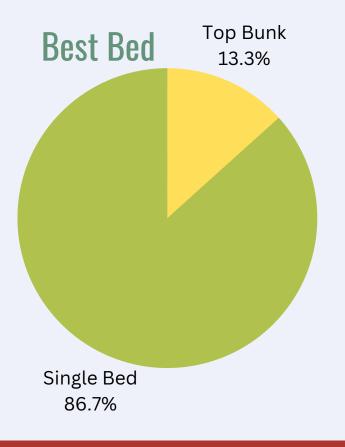


Capture the Flag Rush Weet Coay Day Ling of Mar



## The bell rings for 11am free time. Where do I go?

- Table Tennis
- Free swim or playing basketball
- Skiing...of course
- Rec Hall for music, games, ping pong
- To the water
- Building that sweet sweet campfire
- I'm going straight to the weight room
- Waterfront!
- Waterfront!
- Ropes, of course
- Waterfront to canoe!
- Rec Hall
- The basketball court
- Free Ski
- Lake or Art Room
- To the basketball court to practice shootings 3s properly
- Head to the Palace in the Pines, AKA
  Frank Memorial, AKA the diamond,
  AKA the sandlot... you get the point.



### Kawanhee...I'm coming home!

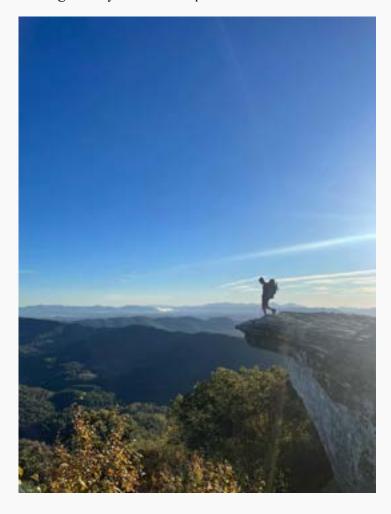
RYAN BALDWIN Camper: 2012-2013 and Counselor: 2023



I can hardly believe it's been a decade. Nearly 10 years of life after Kawanhee. Ten years since I last stepped foot on camp soil, swam in the depths of Webb Lake, felt the heat of Saturday's bonfire, witnessed a shooting star over the baseball diamond, the daunting anticipation of a coldplunge, or the simple joy of wandering through camp. The two summers I lived on Webb Lake in 2012/13 made a vivid impression, physical and mental.

When I remember Kawanhee, I remember the feelings rather than the physical spaces. The feelings of excitement, fear, courage, nervousness, etc. The long ago experience feels like a high quality dream, the kind of dream where you wake up and smile, knowing whatever comes, the day will be good. In my mind, the lessons learned, friends made, and passions inspired from camp have stuck with me, more implicit than explicit. I wish I could say that I thought about camp every day, however, that was not the case. Thoughts of camp would flood my brain on moments holding similar feelings.

A memory would come up as I'm Severn kayaking across the swimming in some isolated pond, teasing me with its intoxicating simplicity. The camp memories nostalgic, flipping m y kayak, cliff jumping into icy water, struggling to the top of a hard rockwall, listening to da' Moose around the bonfire, stories from my camp counselors on the island, Juan's magic trick (of which I still know), much and so more I can These articulate here. experiences helped craft me into the person I am today, no matter how many years ago. Without them, I would have never thought my choices possible.



### Kawanhee... I'm Coming Home cont.

RYAN BALDWIN

Nearly one year ago today, I started a thru-hike of the Appalachian Trail. After six months of traveling up and down the AT as a flip-flopper, I gained a deep appreciation for the outdoors, knowledge, & people. Speaking as a continuously changing and growing Homo Sapien, I am grateful to have this opportunity to help others better understand and accept their changes. The goals may shift and twist but the persistent fluctuating potential found in each of us rage on.

"No man ever steps in the same river twice, for it's not the same river and he's not the same man."

- Heraclitus

This season, I have a chance to not only once again participate in the camp shenanigans but also help these youngins recognize the significance of these experiences. As a new camp counselor, I am incredibly excited for this upcoming Kawanhee season. Don't hesitate to walk up and introduce yourself to someone new. You never know when you'll meet a lifelong friend.

Ryan Baldwin aka ~ Pineapples ~

P.s. Whoever has the most fun, wins.



"No man ever steps in the same river twice, for it's not the same river and he's not the same man."

- Heraclitus



### Kawanhee in the Off Season



















### Life Updates from the Kawanhee Community

#### **OBITUARIES**

## Charles ("Chuck") Arthur Compher 1946-2023

Charles "Chuck" Compher, 76, of Haltom City, Texas, passed away peacefully on January 21, 2023, surrounded by family. Chuck first came to Kawanhee as a camper when his mother Liz was camp nurse. He developed a strong interest in archery. He completed all 15 medals given by the Camp Archery Association, at the time only the ninth Kawanhee camper to accomplish this feat. He then went on in 1961 to achieve the coveted Hood Award. the highest Robin Kawanhee archery award given. He was captain of the Maroons in 1963.

He returned to Kawanhee in 1984 with his wife Barb, he as Director of Archery and she as camp secretary. They remained on the senior staff for 23 years. Chuck taught middle and high school band for nearly 50 years. He put his musical background to work by being one of those who played evening taps.

In addition to archery, Chuck had a passion for waterskiing. He brought his own boat up from Texas each year and was often out skiing at morning first bell.

He is survived by Barb, his beloved wife of 53 years, and their three sons, as well as six grandchildren. All three sons were Kawanhee campers, counselors, and winning Grey/Maroon captains!

#### James "Jim" Estabrook 1954-2023

Jim Estabrook passed away peacefully at age 68 with his beloved wife Dorthy (Dotty) at his side. He was originally from Bexley, Ohio. He and Dotty lived in Westerville, Ohio for many of the 38 years of their marriage. He will be remembered by all who knew him for his friendly smile and easy going manner.

Jim was profoundly deaf from infancy. Despite this challenge, he graduated from Ohio Wesleyan majoring in mathematics and earned a master's degree in deaf education from Ohio State. He taught deaf students for 12 years before his interest turned to computer web design. Following stints working for AOL and Nationwide, he became the webmaster for the Vineyard Church in Columbus for 12 years.

Jim grew up spending summers at Kawanhee where he was a camper and then counselor from 1965 to 1973. He achieved the Expert Rifleman award, the highest of the awards in range, in 1971. Dotty too joined the Kawanhee family and worked in Nature as Director of Lapidary for 30 years beginning in 1985. Jim was often able to take time from his job in Columbus to spend time in the summer with Dotty at Kawanhee.

Jim loved to be outside and take long walks. He was an avid runner and completed several marathons.

He is survived by his wife Dotty and his siblings John (Iris), Richard (Ann), Kate (Ferd) Schoedinger, his sister-in-law Lesley Jones, and many beloved nieces and nephews.

#### **OBITUARIES CONT.**

#### Carolyn Kindle 1936-2023

Carolyn Fuller Kindle passed away at the age of 86, on Saturday, February 25, 2023, with her family by her side. Carolyn was a beloved member of the Camp Kawanhee community, having spent three summers working in the camp office from 1978-1981 in Weld, Maine, while her sons, David and attended She Tom. camp. remembered quiet morning boating trips to the tip of the lake to search for a moose, the early morning dips in the lake as part of the Polar Bear club and the church services on Sundays near the shore of the lake. She valued the friendships she forged there. She is survived by sons David and Tom Kindle and their respective wives Jacque and Jennifer and the Grands (Tom and len's children) Elise, Andrew, and Collin.

#### William Fleming 1935-2023

Dr. William Hare "Bill" Fleming of Bennington, NE passed away peacefully on April 12, 2023.

Bill was born and raised in the Upper Arlington area of Columbus, OH. He graduated with honors from Yale in 1957 where he was an All-American swimmer.

Bill knew from the age of 11 that he wanted to be a medical doctor, and from the age of 12 that he wanted to be a surgeon. He earned his medical degree from Columbia University. While in medical school, he watched a procedure on a child, and at that moment he thought, "This I could do. This I understand."

He began his professional career in Atlanta, GA where he became Chief of Thoracic Surgery at the Veterans Administration Medical Center and taught Surgery at Emory University School of Medicine where he practiced as a heart surgeon for five years

In 1976, he was offered a position in Omaha where he became Nebraska's first and only congenital heart surgeon dedicated treating children. His dedication and collaboration with pediatric cardiologists there laid the foundation for a regional heart program at Children's Hospital & Medical Center of Omaha which today is nationally recognized as one of the best programs of its kind. Bill often described his work simply by saying, "I fix children's hearts," and by doing so he saved and improved countless lives. In 2009, Bill was named a Pediatric Legend for his work at Children's Hospital & Medical Center.

Bill attended Kawanhee as camper and then JC for 6 years, 1946-1951. He was awarded the "Champion" Ribbon in Sailing yearly 1947-1949 and then worked as First Assistant in Sailing in 1950 and 1951.

In 1948, in an incident that was to become a part of Kawanhee lore, he was among a group returning from Katahdin and riding in "Bate's Bouncing Buggy" when it went off the road and tumbled down an embankment 35 feet into a river. Fortunately he sustained only minor injuries and all involved recovered well.

Bill treasured his memories of summers spent at camp, often returning for week-long visits and reunions. During his retirement, he and his wife Pam traveled extensively throughout the world, visiting all continents except Antarctica. Continuing his childhood passion for sailing learned at Kawanhee, he and Pam enjoyed annual Windjammer sailing cruises for 19 years.

Bill is survived by his loving wife of 28 years, Pamela; his children: Alice Fleming Guzick (Bill), William "Will" Swift Fleming (Kelly), Edgar Hare Fleming (Lynn) of Omaha, April Brizendine of Omaha, and Krystal Talha of Omaha; along with his grandchildren and a great granddaughter. He is survived also by his sister, Jeanie Fleming, as well as many extended family members.

### **Life Updates Continued**

#### **MARRIAGES**

Ned Carson and Alex Houston, June 2022

Sam Friedlander and Kati Richer October 2022

Anders and Catherine Helgason, November 2022

Chase and Ana Cristina McReynolds, February 2023

Alex Standen and Alexandra Marks May 2023

#### **BIRTHS**

AJ and Chelsea Johnson (who met on staff at camp!) JUST welcomed Cole Matthew into their family on May 28th, 2023

Meredith and Sterling Hooke welcomed Thomas Nolan Hooke on March 19, 2023. Thomas was 7# 6 oz and 21" long.

Dominique Fetermen & Ben Morgan welcomed Isa to their family on December 9th, 2022

## Share news with us!

Share your life updates (or the life updates of your friends & family members!) with the camp community by emailing us at <a href="mailto:skookumee@gmail.com">skookumee@gmail.com</a> and we'll include them in a future issue of Skookumee. Jobs, births, deaths, graduations, publications, and more. We want to hear it all and share it!

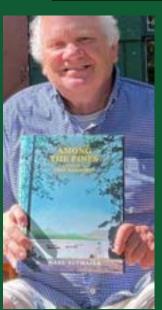
If you send your address with your birth announcement we'll send you a Kawanhee onesie for your new arrival!



### New Camp Store!



Shirts, shorts, flannels, hats, sweats, and beyond — you'll find it here. Inventory will be continuously added & updated, so feel free to purchase any time of year by clicking the link above!



Also still on sale: MIKE'S BOOK!

\$60 + \$5 shipping. 25% of the profit goes back to CK. Payment via check or Venmo.

Please email Mike: <u>maltmaier49@hotmail.com!</u>

## 2023 Camp Season:

### June 25th - August 12th

Follow along with the 2023 Camp Season...

CK Facebook Page

<u>CK Instagram Page</u>

CK Website Photo Galleries

**Support Camp Kawanhee...** 

<u>Donate to</u> <u>Camp Kawanhee</u>

NEXT ISSUE: NEW YEARS' 2024

WANT TO CONTRIBUTE A PICTURE / ARTICLE / UPDATE / BEYOND?

EMAIL US AT <a href="mailto:skookumee@gmail.com">SKOOKUMEE@GMAIL.COM</a>